



## Class Schedule

Mon	Tues	Wed	Thur	Fri	Sat
<b>Kids BJJ</b> 5PM-6PM	<b>Kids TKD</b> 4:30PM- 5:30PM	<b>Kids BJJ</b> 5PM-6PM	<b>Kids TKD</b> 4:30PM- 5:30PM	<b>Kids BJJ</b> 5PM-6PM	<b>Adults BJJ</b> 8:30AM- 9:30AM
<b>Adults BJJ</b> 6PM-7:30PM	<b>Adults BJJ</b> 5:30PM- 6:30PM	<b>Adults BJJ</b> 6PM-7:30PM	<b>Adults BJJ</b> 5:30PM- 6:30PM		Kids/Adults TKD 9:30AM-10:30PM

\*Other class times and open mat sessions available for advanced students.